

## Adaptive Communications

Practical Tools for Clarity, Connection, and Confidence

### Why Adaptive Communication Matters

Conversations are where leadership shows up. But intentions don't always match behaviours, and if the message doesn't land, collaboration suffers.

Adaptive Communication equips leaders and teams with practical skills to make sure what they mean is what others actually hear. Grounded in the Human Respect Rule - *treat others how they want to be treated* - this program shows participants how to adjust in real time so conversations stay clear, respectful, and effective.

### The Business Case for Adaptive Communication

- **Stronger Collaboration:** Improve team dynamics by adapting to different communication needs.
- **Fewer Misunderstandings:** Prevent small issues from becoming major tensions.
- **Sharper Leadership Influence:** Equip managers to connect across diverse teams.
- **More Engagement & Confidence:** People feel heard, respected, and ready to contribute.

### What the Training Covers

This interactive 2-hour workshop blends insight with practice to make skills stick. Participants will:

- **Understand Communication Styles:** Use the DISC framework to identify patterns and flex their approach.
- **Practice Real-World Adaptation:** Step into workplace scenarios and test how to adjust under pressure.
- **Apply the Three Leadership Moves:**
  - *Listen with Intention* (Care)
  - *Be Clear & Direct* (Accountability)
  - *Flex Your Delivery* (Willingness)
- **Commit to Action:** Leave with a clear, personal adjustment they can apply immediately.

## Why Choose Well-Led Workplaces for Communication Training?

At Well-Led Workplaces, communication training isn't theory - it's practice. This program is built for leaders and teams who need to get results without losing respect in the process.

- **Designed for all roles:** From frontline supervisors to executives.
- **Interactive and applied:** Scenario-based, group activities, and live practice.
- **Tailored to your workplace:** Context aligned to your challenges and values.
- **Led by experts:** Delivered by Julie Gillespie, Executive MBA and certified DISC coach.

## What People Say

*"I never realised how much impact my communication style had—this session gave me the tools to adjust and connect better."*

**– Team Lead, October 2024**

*"Well, that explains a few things. Now I know why a team member and I didn't get on. This program gave us the time to sort it out. We even had a laugh over it!"*

**– Manager, July 2024**



## Take the Next Step

Equip your leaders and teams with adaptive communication skills that strengthen relationships and drive results.

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