

Communication in Action

Elevating Workplace Conversations for Clarity, Impact, and Connection

Why Adaptive Communication Matters

Effective communication isn't one-size-fits-all—success comes from knowing how to adapt in real time. Leaders and employees must know how to **adjust their approach** to different personalities, contexts, and challenges. Without this skill, conversations become **ineffective, misinterpreted, or confrontational**—hindering collaboration and progress.

Communication in Action equips teams with the ability to adjust their communication style dynamically—enhancing clarity, improving workplace relationships, and increasing confidence in every conversation.

The Business Case for Adaptive Communication

- **Enhance Workplace Collaboration:** Improve team dynamics with clear, adaptable communication.
- **Reduce Miscommunication & Conflict:** Prevent misunderstandings before they escalate.
- **Boost Leadership Influence:** Equip managers with the ability to connect with diverse teams effectively, consistently.
- **Increase Engagement & Psychological Safety:** Employees feel heard, valued, and supported.

What the Training Covers

- ✓ **Understanding Communication Styles** – Using the DISC framework to identify personal preferences and adapt to different styles. (Information only, no profile undertaken)
- ✓ **Building Clarity & Influence** – Structuring messages for maximum impact and understanding.
- ✓ **Navigating Difficult Conversations** – Keeping discussions productive, even in high-pressure situations.
- ✓ **Practical Workplace Scenarios** – Real-world applications to build confidence in communication shifts.

This program is delivered as a 2-hour interactive workshop, available face-to-face.

Why Choose Well-Led Workplaces for Communication Training?

At Well-Led Workplaces, we go beyond theory—our training is **practical, interactive, and built for immediate application**. This program is grounded in the **DISC profiling tool**, with **Julie Gillespie, a certified DISC coach**, leading participants through actionable strategies.

- **Designed for All Roles:** Whether frontline employees or senior leaders, everyone benefits from adaptive communication skills.
- **Engaging & Hands-On:** Scenario-based learning makes skills stick.
- **Tailored to Your Workplace:** Content reflects the challenges and needs of your teams.
- **Led by Experts:** Facilitators with real-world leadership and communication expertise.

What People Say

“ I never realised how much impact my communication style had—this session gave me the tools to adjust and connect better.”

– Team Lead, October 2024

"Well, that explains a few things. Now I know why a team member and I didn't get on. This program gave us the time to sort it out. We even had a laugh over it!"

– Manager, July 2024



Take the Next Step

Equip your teams with **adaptive communication skills** that strengthen relationships and drive workplace success

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